



FITNESS AND PHYSICAL ACTIVITY FACILITIES*

WHAT YOU NEED TO KNOW FOR COVID COMPLIANCE

**exercise facilities-(yoga studios, dance studios, ballrooms, martial arts, gymnastics, indoor trampoline or rock climbing), gyms, fields of play, health clubs, fitness centers, boxing clubs, skating rinks, bowling alleys, golf courses, golf driving ranges, golf ball hitting bays, mini golf courses, go-cart tracks, paintball, laser tag, indoor playgrounds*

CAPACITY - INDOOR

Lowest number of one the following:

- Overall: 30% of stated fire capacity OR No more than 7 customers for every 1000 square feet of total square footage
- In any room: Limit number of guests in any room of facility so guests stay 6 feet apart

CAPACITY - OUTDOOR

Limit guests to 12 guests for every 1000 square feet

CAPACITY WITH OUTDOOR SPECTATORS

100 people for total seating area per field OR 30% of stated outdoor occupancy OR 7 guests per 1000 square footage

FACE COVERINGS

- All workers and guest must wear face coverings
- Applicable exceptions may apply to some persons not wearing face coverings

SOCIAL DISTANCING

- Fixed Equipment or lanes: Spread out guests and fixed equipment or lanes, tape off or space equipment or restrict access so that guests are at least 6 feet apart
- Group classes or activities: Guests are spaced 6 feet apart;
- Groups waiting to take turn in activity must be space out so stay 6 feet from other guests

CORE SIGNAGE, SCREENING AND SANITATION

- Post Emergency Maximum Occupancy of any room or enclosed space at the door to that space
- Disinfect all shared equipment between users
- Increase disinfection during peak times
- Post signs reminding guests and workers of maintaining 6 feet social distancing
- Perform frequent and routine cleaning of high touch areas especially during peak times
- Shall provide hand sanitizer for workers and guests and promote frequent hand washing
- Mark 6 feet of spacing in lines at point of sale and in other high traffic areas

POOL HALLS AND BILLIARD PARLORS:

- Operating under the same guidelines for fitness centers
- The facilities cannot serve any alcohol as they would then been operating as a bar and would fall under the restrictions for bars which does not allow for use of indoor pool tables.

Pursuant to the Governor's Orders, owners and staff of a business can be charged with Class 2 misdemeanor for violation of the Orders. Individuals, including guests, customers can be cited for a Class 2 misdemeanor for violation of the Face Covering requirement. *Revised 1.1.21*

For more information, please visit

covid19.ncdhhs.gov or governor.nc.gov/news/executive-orders

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